## **Aquatics Guidelines**

To ensure a safe and enjoyable experience for all members in the Aquatics Center, the following guidelines are in place:

- 1. **Supervision of Children**: Children under the age of 12 must be supervised by a parent or guardian at all times while in the aquatics area. Lifeguards are present for safety monitoring but are not a substitute for parental supervision.
- Proper Attire: Proper swim attire is required in the pool area. This includes swimsuits for all individuals and appropriate swim diapers for infants and toddlers. Street clothes, including cutoffs and t-shirts, are not permitted in the pool.
- 3. **Shower Before Entering**: All swimmers are required to take a cleansing shower before entering the pool to help maintain water quality and hygiene standards.
- 4. **Respect for Others**: Members are expected to be respectful of others in the pool area. Running, diving in shallow areas, and rough play are not allowed. Additionally, members should be mindful of noise levels to ensure a pleasant environment for all.
- 5. **Use of Pool Equipment**: Pool equipment, such as kickboards and pull buoys, should be used responsibly and returned to their designated storage areas after use.
- 6. **Health and Safety**: Members with open cuts, sores, or contagious conditions are not permitted in the pool. Additionally, food and glass containers are not allowed in the pool area.
- 7. **Compliance with Lifeguard Instructions**: Members are expected to comply with any instructions given by lifeguards for the safety of all individuals in the pool area.
- 8. **Emergency Procedures**: Members should familiarize themselves with the location of emergency equipment and be aware of the facility's emergency procedures.